



# Medical and Sports Trainer - Position Description 2018 Nationals

### **POSITION TITLE: Medical and Sports Trainer**

#### **Position Outline:**

The Medical and Sports Trainer team members will accompany the representative sport teams at Nationals Div 1 event. They will be responsible for providing first aid and injury treatment to team members. The role will comprise of:

- · Basic muscular and skeletal treatment
- Remedial Massage
- Immediate First Aid treatment
- Sports Training

This team will comprise of 4-6 team members (as required).

#### Remuneration:

The role of the Medical and Sports Trainer staff is a volunteer position. However, team members will be compensated by a fully subsidised event. This includes:

- 100% accommodation costs
- 100% return flights costs
- Team dinners and merchandise covered

Not included: AUS Registration (approximately \$30), transport at the event.

# **Reporting Line:**

University Team Manager (UTM) - RMIT Representative Sport Officer

#### **Essential Requirements:**

Level 2 First Aid

## **Preferred Requirements:**

Studying towards: Osteopathy, Chiropractic, Physiotherapy, Massage, Myotherapy Sports Trainer Qualifications and Experience

<sup>\*\*</sup> Successful applicants will only be expected to do what they are comfortable with and have been suitably trained for.





# Roles & Responsibilities:

#### Prior to the Games:

- 1. Meet with the UTM to clarify role and gain awareness of the event.
- 2. Make recommendations for first aid supplies and ensure the first aid kits are well stocked.

# **During the Games:**

- 1. The medical team members will be rostered to a shift as either a sport trainer during the day, or therapist in the hotel treatment room in the afternoon evening.
- Sports Trainer
  - The role will involve travelling with certain teams to sport venues, working as their sports trainer. This will include treatments at the playing venue as well as potentially treatments back at the hotel in the medical room.
  - Hours of work, 9am 5pm (with a scheduled lunch break, hours may vary) Sports trainer may also be required to act as water runner or boundary umpire (sport dependant).
- Treatment Room The role will involve treating students in the hotel (the 'treatment' room will be just a standard hotel room set up with massage tables for this purpose).
   Hours of work are from 2pm 8pm (this may vary).

While the Medical team is encouraged to join the rest of the team in the social program, it is expected that all medical staff be well rested and alert to treat athletes to the best of their ability. Should this not occur, medical staff will be dismissed and sent home.

#### After the Games:

- 1. Provide suggestions to assist the UTM to run a more efficient and effective medical support operation to assist athletes at the games.
- 2. Return any first aid supplies to UTM.





# **Medical and Sports Trainer – Application Form**

Name:	
Student Number:	
Mobile Number:	
Email Address:	
Course, and year of study:	
Campus studying at:	

# Please answer the following questions:

	1. RELEVANT WORK HISTORY						
Please summarise any work experience that is relevant to this position.							
	Employer	Position	From Date:	To Date:			
1.							
2.							
3.							

2. QUALIFICATIONS						
Please list any formal education (School/TAFE/University) and any other accredited training courses or postgraduate						
studies, relevant to the position (include current studies as "ongoing")						
	Qualification	Institution:	Date Gained/Ongoing			
1.						
2.						
3.						

3. Please outline why you are interested to join the Medical and Sports Trainer Team at the Nationals:

All applications are to be emailed to: sport@rmit.edu.au

All applications will be reviewed after the submission closing date of August 3, 2018.

Successful applicants will be required to attend an interview with RMIT Sport UTM.

Given the increasing demand for these roles, short listed candidates will be contacted and invited for an interview.